

## KAIPATIKI PROJECT CALENDAR FOR SPRING/SUMMER 2009/2010

### **NEW for 2010 - Healthy Child, Healthy Planet**

#### **A playgroup and parent course in one.**

These sessions will take place every first Tuesday of the month from May to October 2010 (10.30am - 12pm). Bookings essential - entry by gold coin donation.

**Please scroll down to the flyer on page 2 for more details.**

Topics include:

- The concept of Healthy Child, Healthy Planet
- Nutrition and your Child
- Chemical-free Living
- Nappy-free Parenting
- Cloth Nappies
- Gardening with Kids

Please note your children are your responsibility at all times.

### **Create Your Own Eden**

FREE composting and worm-farming courses - find one in your area - **[please click here for the course timetables](#)** in Auckland, Manukau & North Shore.

### **EXTENDED!!! Take an Educational Bush Walk with Discovery Walks**



#### **Bush Walk & Talk has been extended throughout 2010, and now includes Fridays**

Kaipatiki Project is delighted to offer even more of these learning leisure walks. Friday morning walks come as a series of 4 walks starting on May 7 and cost \$40 for the series. Saturday morning walks come as a series of 5 walks and cost \$50 for the series. On each walk our experienced and knowledgeable guide will help participants identify common NZ native trees, plants, flowers and pest plants whilst taking in the beauty of some of the North Shore's most popular reserves.

**Please read our brochure on page 3 of this pdf for more information.**



# 'Bush Walk & Talk'

Guided leisure walks around some of the North Shore's most popular bush reserves

## Friday mornings/4 walks:

1. May 7, 14, 28, June 4
2. June 11, 18, 25, July 2
3. July 16, 23, 30, Aug 6
4. Aug 20, 27, Sept 3, 10
5. Sept 24, Oct 8, 15, 22
6. Oct 29, Nov 5, 12, 19

Cost: \$40 for each series of 4 walks or \$15 per walk

## Saturday mornings/5 walks:

1. June 12, 26, July 3, 10, 17
2. July 31, Aug 7, 14, 21, 28
3. Sept 11, 25, Oct 9, 16, 23
4. Nov 13, 20, 27, Dec 4, 11

Cost: \$50 for each series of 5 walks or \$15 per walk

All dates correct at time of printing

## Beauty on your doorstep

North Shore City is home to dozens of different bush-walking areas where walkers can find an abundance of native species including kauri, pohutakawa and ponga (silver fern).

Photo: Philip Moll *tanekaha* pollen cones in Mary Barrett Glade, Devonport.



**Easy-paced** – each walk takes two hours (9.30am – 11.30am) and will take place rain or shine (walking shoes and a raincoat will be handy).

**Informative** – the walks are designed to make participants more knowledgeable about, and able to identify, New Zealand native trees and plants. The group will stop often to identify common native trees, ferns, flowers and pest plants, deal with questions and discuss the surroundings.

**Great exercise** – explore the bush in confidence and at a relaxed pace with our small groups (maximum 12 participants). Bring a water bottle.

**Good company** – whether you are a North Shore resident, a tourist here for a while, or a new NZ migrant, you will find a welcome on these walks and get to know your beautiful bush surroundings.



is the Environment Centre of the North Shore and is delighted to be offering the *Bush Walk & Talk* programme on behalf of Discovery Walks.

[www.kaipatiki.org.nz](http://www.kaipatiki.org.nz)

Bookings are essential as places are limited - call 09 482 1172 or email [admin@kaipatiki.org.nz](mailto:admin@kaipatiki.org.nz). Advance payment secures all bookings – no refunds.



*Bush Walk & Talk*, part of Discovery Walks, is developed & presented by Margi Keys (pictured above in Fernglen) photo Philip Moll. [makesy@nettel.net.nz](mailto:makesy@nettel.net.nz)